

FABRIC PREPARATION

From light coloured fabric, cut:

- 8 – 2 ½" x WOF strips
- 1 – 3" x WOF strip
- 2 – 4 ½" x WOF strips

From dark coloured fabric, cut:

- 10 – 2 ½" x WOF strips (save 4 for binding)
- 1 – 3" x WOF strip
- 1 – 4 ½" x WOF strips

Sub-cut strips as follows:

ROW 1:

Fabric	Cut Strips	Sub-cut
Light	1 – 2 ½" x WOF	
Light	1 – 2 ½" x WOF	12 – 2 ½" x 2 ½" squares (A squares)
Light	1 – 4 ½" x WOF	6 – 4 ½" x 6 ½" rectangles (B rectangles)
Light	1 – 4 ½" x WOF	4 – 4 ½" x 4 ½" squares (C squares) 8 – 2 ½" x 4 ½" rectangles (D rectangles)
Dark	1 – 2 ½" x WOF	
Dark	1 – 4 ½" x WOF	12 – 2 ½" x 4 ½" rectangles (D rectangles)

ROW 2:

Fabric	Cut Strips	Sub-cut
Light	1 – 2 ½" x WOF	4 – 2 ½" x 8 ½" rectangles
Light	1 – 2 ½" x WOF	2 – 2 ½" x 6 ½" rectangles
Light	1 – 2 ½" x WOF	12 – 2 ½" x 2 ½" squares (A squares)
Dark	2 – 2 ½" x WOF	6 – 2 ½" x 10 ½" rectangles 6 – 2 ½" x 2 ½" squares (A squares)

ROW 3:

Fabric	Cut Strips	Sub-cut
Light	1 – 2 ½" x WOF	14 – 2 ½" x 2 ½" squares (A squares)
Light	2 – 2 ½" x WOF	10 – 2 ½" x 4 ½" rectangles (D rectangles)
Light	1 – 3" x WOF	3 – 3" x 3" squares
Dark	2 – 2 ½" x WOF	6 – 2 ½" x 8 ½" rectangles
Dark	1 – 2 ½" x WOF	12 – 2 ½" x 2 ½" squares (A squares)
Dark	1 – 3" x WOF	3 – 3" x 3" squares

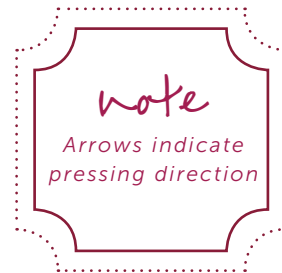
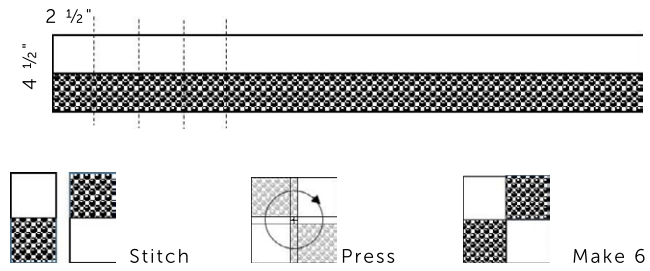
PIECING

ROW 1

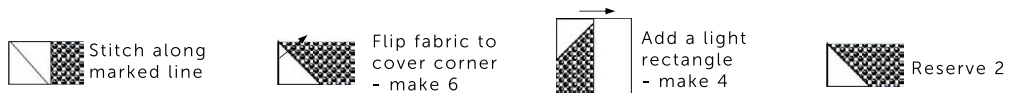
- 1 Take one light and one dark 2 ½" strip and sew together lengthwise. Press seam to the dark.
- 2 Cut 12 - 2 ½" x 4 ½" pieced rectangles from each pieced strip, as illustrated.
- 3 Take two pieced rectangles and stitch to make a four-patch.



- 4 Pick out one or two stitches within the seam allowance in the centre of the four-patch. Place right side down and fan out centre seam to press all seams in a clockwise direction. Repeat to make a total of six four-patches measuring $4\frac{1}{2}" \times 4\frac{1}{2}"$.



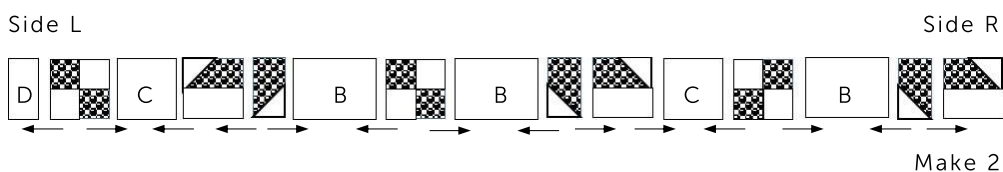
- 5 Take twelve $2\frac{1}{2}"$ light A squares and mark a diagonal line from corner to corner on the wrong side of each square.
- 6 Take six $2\frac{1}{2}" \times 4\frac{1}{2}"$ dark D rectangles and place one marked light A square on one end of each D rectangle as shown.
- 7 Stitch just outside the marked line (towards the corner) and flip the background fabric over to create a corner triangle.
- 8 Trim bottom two layers and press away from corner. Trim to $2\frac{1}{2}" \times 4\frac{1}{2}"$ if necessary.
- 9 Take four of these rectangles and stitch a $2\frac{1}{2}" \times 4\frac{1}{2}"$ light D rectangle to the right side as shown. Trim to $4\frac{1}{2}" \times 4\frac{1}{2}"$ if necessary. Reserve the remaining two pieced rectangles.



- 10 Take the remaining six marked light A squares and place at one end of six $2\frac{1}{2}" \times 4\frac{1}{2}"$ dark D rectangles with the marked line positioned along the opposite diagonal from the first six. Stitch just outside the marked line and flip the background fabric over to create a corner triangle.
- 11 Trim the bottom two layers and press away from corner. Trim to $2\frac{1}{2}" \times 4\frac{1}{2}"$ if necessary.
- 12 Take two of these rectangles and stitch a $2\frac{1}{2}" \times 4\frac{1}{2}"$ light D rectangle to the left side as shown. Trim to $4\frac{1}{2}" \times 4\frac{1}{2}"$ if necessary. Reserve the remaining four pieced rectangles.



- 13 Lay out the constructed squares and rectangles with the remaining light B, C and D patches; stitch to make Row 1 as shown. Repeat to make a second Row 1.

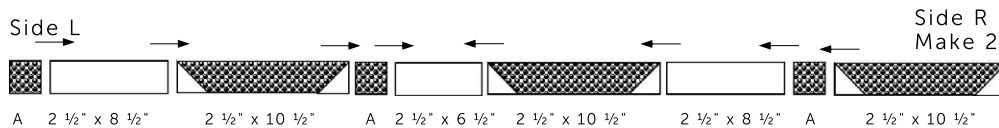


ROW 2

- 1 Take the twelve light A squares and mark a diagonal line on the wrong side from corner to corner.
- 2 Take one dark 2 ½" x 10 ½" rectangle and place a marked light square at each end as shown. Stitch just outside the marked line and flip the background fabric over to create a corner triangle at each end.
- 3 Trim the bottom two layers and press to corner. Trim to 2½" x 10½" if necessary. Repeat to make six units.



- 4 Lay out the constructed rectangles with the remaining cut patches and stitch to make Row 2 as shown. Repeat to make a second Row 2.



ROW 3

- 1 Take six light and twelve dark A squares, as well as three light 3" x 3" squares and mark a diagonal line from corner to corner on the wrong side of the fabric.
- 2 To make one Flying Goose unit (FG), take a light 2½" x 4½" D rectangle and place a marked dark A square at one end as shown. Stitch just outside the marked line and flip the background fabric over to create a corner triangle. Trim bottom two layers and press to corner.
- 3 Take a second marked dark A square and place at opposite end of D rectangle as shown. Stitch just outside the marked line and flip the background fabric over to create a corner triangle. Trim bottom two layers and press to corner. Trim to 2½" x 4½" if needed. Repeat to make six FG units.



- 4 To make one Half Square Triangle (HST), place a marked light and a dark 3" square right sides together. Stitch ¼" from either side of diagonal centre line.
- 5 Cut along marked line. Press seams towards the dark and trim HST to 2½" x 2½". Repeat to make a total of six HST units.



- 6 Take a 2½" x 8½" dark rectangle and place a marked light A square at one end as shown. Stitch just outside the marked line and flip the background fabric over to create a corner triangle.



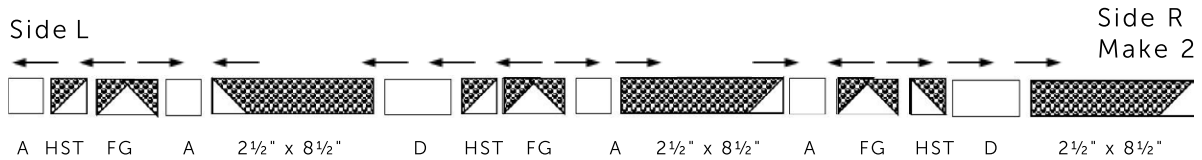
- 7 Trim bottom two layers and press to corner. Trim to $2\frac{1}{2}$ " x $8\frac{1}{2}$ " if needed. Repeat to make a total of four units.



- 8 Take the remaining two marked light A squares and place at one end of two $2\frac{1}{2}$ " x $8\frac{1}{2}$ " dark rectangles with the marked line positioned along the opposite diagonal from the first four. Stitch just outside the marked line and flip the background fabric over to create a corner triangle.

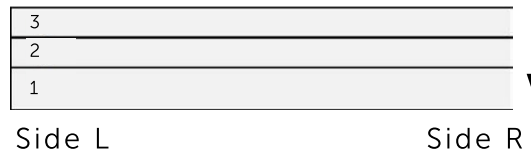


- 9 Trim the bottom two layers and press to corner. Trim to $2\frac{1}{2}$ " x $8\frac{1}{2}$ " if necessary. Make 2.
- 10 Lay out constructed units with remaining light A and D patches and stitch to make Row 3 as shown. Repeat to make a second Row 3.



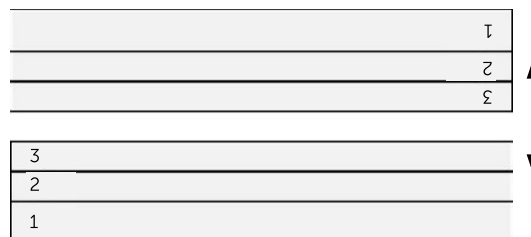
ASSEMBLY

- 1 To construct the table runner, lay out rows 1, 2 and 3 as shown and stitch together lengthwise. Press towards row 1. Repeat to make a second set of three stitched rows.



Make 2 sets

- 2 Rotate the second set 180° and stitch the two sets together lengthwise with the two Row 3 units in the middle and the Row 1 units to the outside of the quilt. Press the centre seam open. The finished quilt should measure $58\frac{1}{2}$ " x $16\frac{1}{2}$ ".



FINISHING

- 1 Choose a thin batting and your backing. Layer and baste the runner. Spray basting works well for this small project.
- 2 Quilt as desired. (I love saying this in a pattern as much as I hate reading it, but since this is a mystery project, I can't give you any quilting tips.)
- 3 Prepare double fold binding for the runner. Take four dark 2½" x WOF strips and join on the diagonal as follows to make sufficient binding for your runner.
- 4 Draw a line at 45° on wrong side of one strip. Place two strips at 90° with right sides together and marked line meeting edges of underlying strip. Stitch along marked line to join strips on diagonal.
- 5 Trim off "ear". Seams can be pressed to one side or open to reduce bulk. Press lengthwise with wrong sides together.
- 6 Join all strips to make approximately 165" of binding.



Join two strips on
diagonal & trim ear

Press
lengthwise

- 7 Square up quilt top, trim and bind with prepared double fold binding. A web search on quilt binding techniques will yield many viable methods of attaching binding, turning right angle corners, and joining the two ends of the binding.
- 8 Bind using your favourite method. Turn the folded binding to the back of the runner and stitch down by hand, using the folded fabric at each corner to create a mitred corner.

